

HIGH SCHOOL AND ADULT PROGRAMS

ADULT YOGA - Mondays (limit 20)

LOCATION: Recreation Administration Building, 1810 Warren Point Road
DAYS/DATES: Mondays, January 9 – March 6
TIME: 6:00 – 7:00 PM



PILATES - Tuesdays (limit 15)

LOCATION: Recreation Administration Building, 1810 Warren Point Road
DAYS/DATES: Tuesdays, January 10 – March 7
TIMES: 5:00 - 6:00 PM

ADULT YOGA - Wednesdays (limit 20)

LOCATION: Recreation Administration Building, 1810 Warren Point Road
DAYS/DATES: Wednesdays, January 11 – March 8
TIME: 6:00 – 7:00 PM



PILATES - Thursdays (limit 15)

LOCATION: Recreation Administration Building, 1810 Warren Point Road
DAYS/DATES: Thursdays, January 12- March 9
TIMES: 7:00 - 8:00 PM

***NEW* ADULT BODY FITNESS - Wednesdays (limit 10)**

LOCATION: Recreation Administration Building, 1810 Warren Point Road
DAYS/DATES: Wednesdays, January 4 - March 1
TIMES: 4:45 - 5:45 PM
CONTENT: Increase your overall strength and flexibility
As you tighten and tone, burn fat and calories.
Will incorporate light weights, fitness balls, and more.

***NEW* ADULT BODY FITNESS - Fridays (limit 10)**

LOCATION: Recreation Administration Building, 1810 Warren Point Road
DAYS/DATES: Fridays, January 6- March 3
TIMES: 4:30 – 5:30 PM

ADULT & HIGH SCHOOL MIXED POWER VOLLEYBALL (limit 25)

LOCATION: North Dover School
DAYS/DATES: Fridays, January 13 – March 10
TIMES: 7:00 – 10:00 PM



FEE: \$25 for High School Students, \$35 for Adults

***NOTE: Parents may not bring children not enrolled in program to this activity.**

**** Bump/Set/Spike rules, recommended for experienced players.**

TOWNSHIP OF TOMS RIVER
DEPARTMENT OF RECREATION
(732) 341-1000 Ext. 8415

2017 WINTER PROGRAM SCHEDULE

Thomas F. Kelaher, Mayor

Township Council

Brian Kubiel, *Council President*
Alfonso Manforti, *Council Vice President*
Jeff Carr Maurice Hill Maria Maruca
Kevin Geoghegan George Wittmann

Jared Tate - Recreation Director

REGISTRATION INFORMATION*

All program registrations are taken online. Please follow the directions below on how to access the online system:

- 1) Log on to: <http://register.communitypass.net/tomsriver>**
- 2) Click on “Create your account now”**
- 3) Complete the account information and click submit**
- 4) Click on “Register Now” to begin registering for programs**

Program Fees: Children - \$25 per program, Adults- \$35 per program *except as noted otherwise.*

***Please Note:** The system will open for registration and payment on **December 15, 2016 at 7:00 pm**. For a quicker checkout on the day of registration it is suggested that you setup your account information ahead of time. Refunds are given **prior** to start of programs only. There is a \$5 processing fee for all refunds.

Additional Program Information: Participants must be residents of Toms River Township or attend Toms River Regional Schools. All Recreation activities will be cancelled due to inclement weather. Youth programs cancelled on the following school holidays: January 16 and February 20.

Mad Science - Mondays (limit 20 per class)



AGES: 1st - 5th Grade
LOCATION: Riverwood Park Recreation Building
DURATION: 8 Weeks
FEE: \$95
DAYS/DATES: Mondays, January 23 - March 20
TIMES: 5 - 6 PM
CONTENT: System 2

Children will harness heat energy, learn the science behind cotton candy and explore the properties of both light and color. Mad Scientists will experiment with magnets, examine optical illusions, witness a hair raising display of static electricity and more!

***Please register directly at www.madscienceofnj.com**

COLOR ME MINE CERAMICS - Tuesdays (limit 20)

AGES: 1st - 8th grade
LOCATION: Color Me Mine Studio; 1877 Hooper Avenue
DAYS/DATES: Tuesdays, January 10 - March 7
TIMES: 5:00 - 6:00 PM

*** Note: Add'l fee of \$8 per week payable to Color Me Mine**

COLOR ME MINE CERAMICS - Thursdays (limit 20)

AGES: 1st - 8th grade
LOCATION: Color Me Mine Studio; 1877 Hooper Avenue
DAYS/DATES: Thursdays, January 12 - March 9
TIMES: 5:00 - 6:00 PM

*** Note: Add'l fee of \$8 per week payable to Color Me Mine**

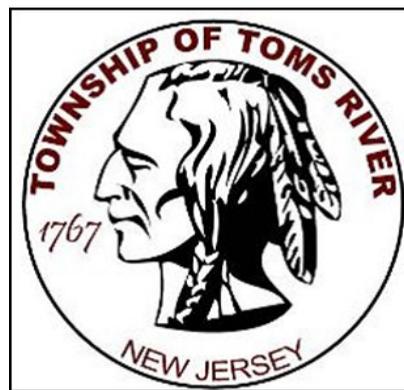
KARATE LESSONS - Tuesdays (limit 20)



AGES: 1st - 8th grade
LOCATION: Walnut St. School Gymnasium
DAYS/DATES: Tuesdays, January 10- March 14
Class / TIMES:
Karate - Learn the basics 5:45 - 6:30 PM
Advanced - Move on, in pursuit of advanced techniques and degree/belt 6:40 - 7:25 PM
Belt / Degree - Continue in the advanced level pursuing higher degree / degree, belt. 7:30 - 8:15 PM

KIDS YOGA - Mondays (limit 15)

AGES: 9 - 14 yrs.
LOCATION: Recreation Administration Building
1810 Warren Point Road
DAYS/DATES: Mondays, January 9- March 6
TIME: 4:45 – 5:45 PM
CONTENT: Increase your child's self-awareness and confidence through breathing and movement. The poses will develop flexibility, strength, balance, and posture.



OPEN GYM NIGHT - Mondays (limit 35)

AGES: 3rd - 6th grade
LOCATION: Intermediate School East
DAYS/DATES: Mondays, January 9- March 20
TIMES: 6:00 - 8:00 PM
CONTENT: Fun mix of dodgeball, whiffle ball, soccer, and



OPEN GYM NIGHT - Thursdays (limit 35)

AGES: 3rd - 6th grade
LOCATION: Intermediate School East
DAYS/DATES: Thursdays, January 12- March 9
TIMES: 6:00 - 8:00 PM
CONTENT: Fun mix of dodgeball, whiffle ball, soccer,

CHEERLEADING & DANCE - Saturdays (limit 20)

AGES: 1st- 6th grade
LOCATION: Cedar Grove Elementary Gym
DAYS/DATES: Saturdays, January 7- March 4
TIMES: 9:00 AM - 12:00 PM
CONTENT: Learn cheers and dances in a fun setting. Performance for families at the end of program.