



Contact: Stacy Proebstle
Public Information Officer
Township of Toms River
(732) 341-1000 Ext. 8234

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FOR IMMEDIATE RELEASE

Senior Center to Host Open House



The Toms River Senior Center will host an Open House from 10 a.m. to 2 p.m. on Thursday, April 7th. Center members, family and friends are invited to enjoy some fun at the center while seeing what the facility has to offer older residents.

According to executive director Joann Benson, the open house will be an opportunity for the public to better understand the services provided and to get to know active participants.

“We want to focus on the activities and services that our center provides and have this open house as a chance for community members to come and see what we’re doing,” Benson said.

Admission is free and attendees can tour the center, meet the staff and volunteers, check out activities and programs, participate in free screenings, enjoy refreshments and register for door prizes.

“People can walk around the center and see what we have here. We can give them a tour, and they can pick up a copy of our newsletter to see what’s coming up,” Benson added.

The center provides a variety of physical activities. Yoga, line dancing and Zumba and various levels of exercise programs are available to seniors of all interests and skill levels. Other activities include watercolor, billiards, cards, games and more. The center also offers transportation services, trips, education and arts programs.

The Senior Center serves as a community resource as well as an activity center. The center provides helpful information on Medicare and Medicaid, tax preparation and the Senior Freeze program.

The Toms River Senior Center is located at 652 Garfield Avenue. For more information, contact the center at (732) 341-1000 ext. 8460.

“We hope the open house will bring new folks into the programs and bring people together that may have lived in Toms River all their lives and never met each other,” Benson said.