

HIGH SCHOOL AND ADULT PROGRAMS

ADULT YOGA - Mondays (limit 20)

LOCATION: Recreation Administration Building,
1810 Warren Point Road

DAYS/DATES: Mondays, January 8 - March 5

TIME: 7:00 – 8:00 PM



ADULT YOGA - Wednesdays (limit 20 per class)

LOCATION: Recreation Administration Building, 1810 Warren Point Road

DAYS/DATES: Wednesdays, January 10– March 7

TIME: 6:00 – 7:00 PM

TIME: 7:00 – 8:00 PM



ADULT & HIGH SCHOOL POUNDFIT **NEW** - Tuesdays (limit 20)

LOCATION: Recreation Administration Building, 1810 Warren Point Road

DAYS/DATES: Tuesdays, January 9 – March 6

TIME: 5:00 - 6:00 PM

FEE: \$25 for High School Students, \$35 for Adults



Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable and appeals to men and women of all ages and abilities.

ADULT & HIGH SCHOOL MIXED POWER VOLLEYBALL (limit 25)

LOCATION: North Dover School

DAYS/DATES: Fridays, January 12 – March 9

TIMES: 7:00 – 10:00 PM

FEE: \$25 for High School Students, \$35 for Adults

***NOTE: Parents may not bring children not enrolled in program to this activity.**

**** Bump/Set/Spike rules, recommended for experienced players.**



TOWNSHIP OF TOMS RIVER DEPARTMENT OF RECREATION

(732) 341-1000 Ext. 8415

2018 WINTER PROGRAM SCHEDULE

Thomas F. Kelaher, Mayor

Township Council

Alfonso Manforti, *Council President*

Kevin Geoghegan, *Council Vice President*

Jeff Carr Maurice Hill Maria Maruca

Brian Kubiel George Wittmann

Jared Tate - Recreation Director

Jim Bowen– Program Manager



REGISTRATION INFORMATION*

All program registrations are taken online. Please follow the directions below on how to access the online system:

- 1) Log on to: <http://register.communitypass.net/tomsriver>**
- 2) Click on “Create your account now”**
- 3) Complete the account information and click submit**
- 4) Click on “Register Now” to begin registering for programs**

Program Fees: Children - \$25 per program, Adults- \$35 per program *except* as noted otherwise.

***Please Note:** The system will open for registration and payment on **December 21, 2017 at 7:00 pm**. For a quicker checkout on the day of registration it is suggested that you setup your account information ahead of time. Refunds are given **prior** to start of programs only. There is a \$5.00 processing fee for all refunds.

Additional Program Information: Participants must be residents of Toms River Township or attend Toms River Regional Schools. All Recreation activities will be **cancelled** due to inclement weather and **youth programs** on the following school holidays: January 15 and February 19.

MAD SCIENCE- Mondays (limit 20)

AGES: K-1st
 LOCATION: Riverwood Park Recreation Building
 DURATION: 8 Weeks
 FEE: \$98
 DAYS/DATES: Mondays, January 22 - March 19
 TIMES: 5:00-6:00PM
 CONTENT: System 2



Through the course of System 2, children will harness heat energy, learn the science behind cotton candy and explore the properties of both light and color. Your Mad Scientist will experiment with magnets, examine curious optical illusions and analyze the amazing properties of slime! Children will get to know their taste buds better and witness a hair-raising demonstration of static electricity!

COLOR ME MINE CERAMICS– Tuesdays (limit 20)

AGES: 1st - 8th Grade
 LOCATION: Color Me Mine Studio
 1877 Hooper Ave
 DAYS/DATES: Tuesdays, January 9– March 6
 TIMES: 5:00-6:00PM



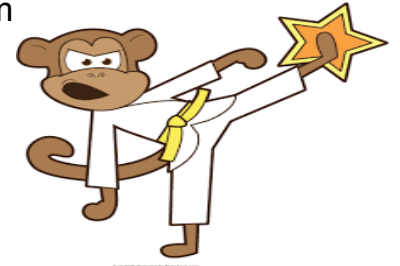
COLOR ME MINE CERAMICS - Thursdays (limit 20)

AGES: 1st - 8th Grade
 LOCATION: Color Me Mine Studio
 1877 Hooper Avenue
 DAYS/DATES: Thursdays, January 11– March 8
 TIMES: 5:00-6:00PM



KARATE LESSONS - Tuesdays (limit 20)

AGES: 1st-8th Grade
 LOCATION: Intermediate School North-Aux Gym
 DAYS/DATES: Tuesdays, January 9 - March 6
 CLASS/TIMES:



Karate: Learn the Basics
 5:45-6:30PM

Advanced: Pursuit of advanced techniques and degree/
 6:40-7:25PM

Belt/Degree: Advanced level pursuing higher degree/belt
 7:30-8:15PM



KIDS YOGA– Mondays (limit 15)

AGES: 9-14 years old
 LOCATION: Recreation Administration Building
 1810 Warren Point Road
 DAYS/DATES: Mondays, January 8 - March 5
 TIMES: 5:45-6:45PM



CONTENT: Increase your child's self-awareness and confidence through breathing and movement. The poses will develop flexibility, strength, balance and posture.